

SPEAKING

Keynotes, workshops, and conversations

Ideas for women leading through midlife, building brands people believe in, and creating a more human future of food.

324+

EPISODES

1.5M+

DOWNLOADS

50+

COUNTRIES

11

SEASONS

Signature conversations

01 THE PURPOSE-DRIVEN PIVOT

Midlife as a catalyst for the most impactful work of your career.

Keynote / Workshop

02 BUILDING BRANDS PEOPLE BELIEVE IN

The new rules of conscious consumerism and how values become trust.

Keynote / Fireside chat

03 THE FUTURE OF FOOD IS HUMAN

Regenerative agriculture, technology, and community health.

Panel moderation / Conversation

What hosts can expect

A thoughtful, practical conversation shaped around your audience, goals, and moment. Every engagement begins with a clear brief and a personal reply.

READY TO EXPLORE A DATE?

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